

FOR IMMEDIATE RELEASE

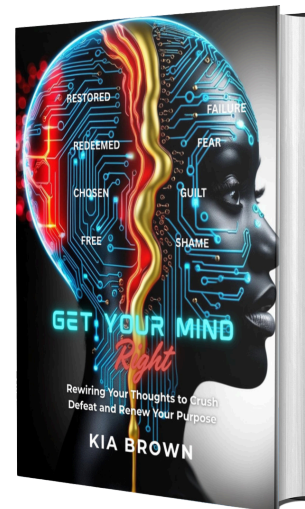
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New Book and IG LIVE Series by Ministry Leader Kia Brown

Get Your Mind Right: Rewiring Your Thoughts to Crush Defeat and Renew Your Purpose offers a faith-driven roadmap to mental freedom, paired with an exclusive Instagram Live series to ignite transformation.

New York, New York – July 11, 2025 – Ministry leader and mindset coach Kia Brown announces the release of her highly anticipated book, *Get Your Mind Right: Rewiring Your Thoughts to Crush Defeat and Renew Your Purpose* (Kia Brown Ministries, September 16, 2025). Designed for believers craving a spiritual reset, this practical guide merges biblical truth, personal stories, and daily exercises to dismantle negative thought patterns and align minds with God's purpose.

To amplify the book's launch, Brown is hosting the **Mindset Reset Tuesdays** Instagram Live series, which will launch on Tuesday, **July 15, 2025**, at noon EST. This nine-week series offers exclusive insights, actionable tools, and behind-the-scenes content from the book, building anticipation and equipping audiences to break free from autopilot faith.



“Your mind isn’t a battlefield; it’s a training ground,” says Brown, creator of the transformative *40-Day Surrender* and *Faith Journeys*. “This book is your playbook to step into the clarity God designed for you. Through *Mindset Reset Tuesdays*, I’m giving readers a sneak peek into the strategies that will help them reclaim their thoughts and renew their purpose—before the book even hits shelves.”

Key Features of the Book

- **Daily Strategies:** Tools like the “Scripture Swap” method to replace doubt with truth.
- **Faith-Driven Framework:** Combines prayer, journaling, and community-building principles.
- **Church & Small Group Friendly:** Ideal for ministry campaigns and personal study.

Mindset Reset Tuesdays Instagram Live Series

Starting July 15, 2025 | Every Tuesday @ 12 PM EST

Join Kia Brown LIVE on Instagram [@iamkiabrown](https://www.instagram.com/iamkiabrown) for:

1. **Reclaiming Mental Clarity:** Silence chaos through the power of God’s Word.
2. **Breaking Negative Thought Cycles:** Replace doubt with practical, faith-based tools.
3. **Biblical Strategies for Renewal:** Deep dive into the book’s most transformative chapters.
4. **Exclusive Pre-Order Perks:** The first 100 pre-orders receive **FREE access** to the upcoming *Get Your Mind Right Master Class* (details revealed post-launch).

Think of this series as your backstage pass to the book everyone will discuss this fall.

Availability

Get Your Mind Right is available for pre-order now at <https://www.kiabrown.com/>

About Kia Brown

Kia Brown is a faith leader, writer, speaker, and coach passionate about helping individuals and churches break free from spiritual stagnation. Through her *40-Day Journeys* and coaching programs, she equips believers to replace overwhelm with purpose. Residing in New York, she’s known for her relatable style and love of coffee, journals, and honest conversations about faith.

Connect with Kia:

- **Website:** kiabrown.com
- **Instagram:** [@iamkiabrown](https://www.instagram.com/iamkiabrown)
- **YouTube:** [@kiabrownministries](https://www.youtube.com/@kiabrownministries)

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Pre-order your copy today and join the movement to reclaim your mind, renew your purpose, and reset your faith.