

## FOR IMMEDIATE RELEASE

**Contact:** Kia Brown | hello@kiabrown.com | (929) 204-1174

### **New Book by Ministry Leader Kia Brown Equips Christians to “Break Autopilot Faith” and Reclaim Their Thoughts**

*Get Your Mind Right: Rewiring Your Thoughts to Crush Defeat and Renew Your Purpose* offers a faith-driven roadmap to mental freedom.

**New York, New York – June 26, 2025** – Ministry leader and mindset coach **Kia Brown** announces the release of her highly anticipated book, ***Get Your Mind Right: Rewiring Your Thoughts to Crush Defeat and Renew Your Purpose*** (Kia Brown Ministries, September 16, 2025). Designed for believers craving a spiritual reset, this practical guide merges biblical truth, personal stories, and daily exercises to help readers dismantle negative thought patterns and align their minds with God’s purpose.

**“Your mind isn’t a battlefield - it’s a training ground,”** says Brown, creator of the transformative *40-Day Surrender and Faith Journeys*. **“Just like athletes build muscle, we can train our thoughts. This book is your playbook to break free from autopilot living and step into the clarity God designed for you.”**

#### **Key Features of the Book:**

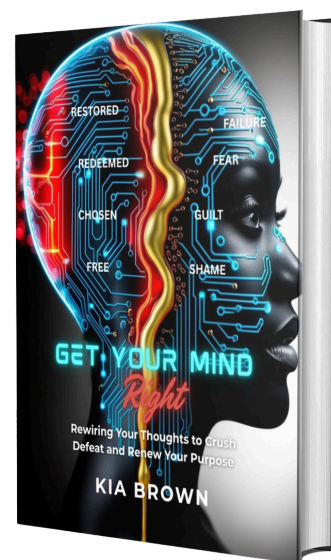
- **Daily Strategies:** Tools like the “Scripture Swap” method to replace doubt with truth.
- **Faith-Driven Framework:** Combines prayer, journaling, and community-building principles.
- **Church & Small Group Friendly:** Ideal for ministry campaigns and personal study.

#### **Availability:**

Available for pre-order now at <https://www.kiabrown.com/>

#### **About Kia Brown:**

Kia Brown is a faith leader, writer, speaker, and coach passionate about helping individuals and churches break free from spiritual stagnation. Through her *40-Day Journeys* and coaching programs, she equips believers to replace overwhelm with purpose. Residing in New York, she’s



known for her relatable style and love of coffee, journals, and honest conversations about faith.  
To know more, visit: <https://www.kiabrown.com/>

**For media inquiries, please contact:**

[kia@kiabrown.com](mailto:kia@kiabrown.com)

**Website:** [kiabrown.com](http://kiabrown.com)

**Instagram:** [@iamkiabrown](https://www.instagram.com/iamkiabrown)